

Rectal Swap

Purpose of the Examination

The purpose of the examination is to clarify whether there is an infection or disease-causing bacteria/virus in the intestines.

Preparation

We recommend that you read these instructions before the examination.

You may eat and drink as usual and take your regular medication.

The Examination

By taking a small "scrape" with the swab from the rectum, we can examine whether you have disease-causing bacteria/viruses in your intestines.

How to Take the Sample

Insert the swab into the rectum. It should be inserted no more than 2 cm. Rotate it gently so it softly scrapes a little from the mucous membrane/wall of the rectum.

It is not a stool sample, so there should preferably be no stool on the swab.

It is easiest to take the sample if you stand with one foot on the toilet seat or if you sit bent forward on the toilet.

Unscrew the orange lid and insert the swab, tip first, into the container. Break the swab at the colored line, leave the swab in the container, and screw the lid on tightly.

Labeling

Attach the label with the barcode from the pink requisition form along the side of the plastic container and place it in the provided shipping tube. Write the date on the pink requisition form.

Sending the sample

Put the sample in the provided pre-paid bubble envelope together with the pink requisition form. The envelope must be sent Monday. The sample must be sent the same day it is taken.

Note: The envelope (sample) must not be placed in a regular mailbox. It must be handed in at a post office as a "quick letter" to ensure it arrives the following day.

Results of the Examination and Further Plan

It will be agreed individually with the specialist how you will receive the results of the examination.