Aleris Hospitaler $@1^{st}$ edition March 2025. To be Revised at March 2028. Approved by quality management.

Stool sample

Examination

Purpose of the Study

To investigate whether you have infection- bacteria, virus or parasites in your stool

Preparation

We recommend that you read this guide before the test. You may eat and drink as usual and take your regular medication.

The Test

Next time you have a bowel movement, you need to collect a sample.

- Use the provided or sent collection paper from "EasySampler" to collect the stool.
- The sample jar has a spoon in the lid. Use it to fill the jar halfway with stool. Then screw the lid on tightly.
- The stool must not be mixed with urine or toilet water.

After the Test

Labeling

Write the date on the pink requisition form. The barcode should be placed along the side of the inner clear sample jar, which is then placed in the light-colored shipping tube.

Storage

Until shipment, the sample should be stored in a cool place. The sample must be sent the same day it is collected.

Sending the sample

The sample should be placed in the provided prepaid bubble envelope along with the pink requisition form.

The envelope must be sent on Mondays.

Note: The envelope (sample) should not be placed in a regular mailbox. It must be delivered to a post office as a quick letter so that it arrives the next day.

Results and Follow-Up/Next Steps

The details of how you will receive the results of the test are arranged individually with the specialist doctor.

