

Stool sample

To examine for calprotectin

Purpose of the Study

Calprotectin is a protein found in blood, urine, and stool in healthy individuals.

In inflammatory bowel diseases, the Calprotectin level rises significantly in the stool.

Therefore, testing for Calprotectin in the stool is used both for the investigation of prolonged diarrhea and for monitoring disease activity in individuals with known chronic inflammatory bowel diseases such as Ulcerative Colitis and Crohn's Disease.

Preparation

We recommend that you read this guide before the test. You may eat and drink as usual and take your regular medication.

The Test

Next time you have a bowel movement, you need to collect a sample.

- Use the provided or sent collection paper from "EasySampler" to collect the stool.
- The sample jar has a spoon in the lid. Use it to fill the jar halfway with stool. Then screw the lid on tightly.
- The stool must not be mixed with urine or toilet water.

After the Test

Labeling

Write the date on the pink requisition form.

The barcode should be placed along the side of the inner clear sample jar, which is then placed in the light-colored shipping tube.

Storage

Until shipment, the sample should be stored in a cool place. The sample must be sent the same day it is collected.

Sending the sample

The sample should be placed in the provided prepaid bubble envelope along with the pink requisition form. The envelope must be sent on Mondays.

Note: The envelope (sample) should not be placed in a regular mailbox. It must be delivered to a post office as a quick letter so that it arrives the next day.

Results and Follow-Up/Next Steps

The details of how you will receive the results of the test are arranged individually with the specialist doctor.