



FERTILITY

# Patient guidance

12. HyCoSy

# Passage examination of fallopian tubes HyCoSy (hysterosalpingo contrast sonography)

To become pregnant from artificial insemination, there must be a passage through at least one of the fallopian tubes, so that the egg can migrate through the fallopian tube to the uterus.

HyCoSy is usually conducted from the 5th to the 10th day of your cycle.

During the examination, contrast fluid is injected through the fallopian tubes and, using ultrasound, we can see if the passage conditions are in order.

The examination takes 5-10 minutes and is harmless. After a few hours, you may feel a little discomfort in the form of menstrual-like pain. This can be prevented by taking 1 g of aspirin and 400 mg Ibuprofen, 1 hour before the examination. We always make sure that your chlamydia swab is negative before the examination, and that the examination is done in a sterile manner. Therefore, the risk of abdominal infection as a result of the examination is very low.

## Own notes

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